



WATERLOO MINOR SOCCER CLUB
Grassroots Development Program (U9-U10)

PROGRAM OUTLINE

Number of Players	12 player game roster maximum Maximum of 48 players per age group/gender
Parent Orientation Session	Orientation Sessions will be scheduled to provide an opportunity for athletes and parents to learn about the Grassroots Development program. Parent Information session - September 10, 2017
Player Orientation Session	The Club has organized a series of four (4) orientation sessions to be hosted over two weekends at RIM Park. The full schedule for the orientation will be available here: http://waterloounited.com/travel/open-tryouts/
Playing Format	7v7 No score / standings Match Officials assigned to every game
Program Structure	Year-round programming; Breaks on statutory holidays; Two (2) week Holiday Break March break Games will be played on grass and turf fields
League Competition	May 2018 to August 2018 14 games (Home & Away Games) Saturday game days
Indoor Training*	October 2017 to April 2018 Two (2) 50 minute sessions per week on turf U9 Boys - Friday (6pm) & Sunday (5pm) U9 Girls - Wednesday (6pm) & Sunday (12pm) U10 Boys - Friday (7pm) & Sunday (4pm) U10 Girls - Wednesday (7pm) & Sunday (1pm)
Outdoor Training*	May 2018 to August 2018 Two (2) 60 minute sessions per week *Training locations/surface types may change. Days/Times TBC
Festivals	Two (2) festival registration fees
Game Day Roster Coaches	Learn to Train certification Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification



DEVELOPMENT CURRICULUM

Technical Standards	Age Group Coaches with minimum C license Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification
Technical	Aerial reception control Receiving: bottom of foot, insides, outsides Passing: any surface Ball Striking: with laces (right & left) 1v1 Skill Development (fakes and feints) Running with the ball, dribbling, turning Double moves Ball Mastery: all surfaces
Tactical	Combination play 1v1: change of space, change of direction 2v1: recognition of overload (i.e. 2v1) Spatial awareness Support play Individual transitions
Principles of Play	1v1 to 3v3 to 4v4 - Small sided games Depth, width, improvisation, individual transitions
Physical	A,B,C's (Agility, Balance, Coordination) Running technique Agility with the ball Promotion of basic self-confidence Positive attitude Discipline
Mental	Promotion of basic self-confidence Positive attitude/positive energy Discipline Mental resiliency
Player Evaluations	Two (2) written player evaluations per year Parent/Player feedback session upon request



PAYMENT SCHEDULE & PROGRAM ADMINISTRATION

Program Cost per player	\$1,100.00
What is included?	One (1) training jersey Two (2) jersey (home & away) One (1) shorts Two (2) pairs of socks League Registration & Insurance
What is not included?	Memorable events
Fee Payment Schedule	There are three payment schedules offered: OPTION 1 - \$1,100 Payment in full by October 15, 2017 via credit card, cheque, cash, debit Payment Amount: \$1,100.00 Payment Date: November 1, 2017 OPTION 2 - \$1,140 Three (3) equal payments by credit card or pre-authorized debit Payment Amount: \$380.00 Payment Dates: October 15, 2017; November 15, 2017; January 15, 2017
Fee Assistance	Fee assistance is available through several sources including: City of Waterloo (\$300) - Waterloo residents only KidSport KW Canadian Tire Jumpstart
Program Leadership	Colin Foy, Grassroots Technical Coach Grassroots Development Age Group coaches
Additional Notes	Information contained in this document is subject to change at the discretion of Waterloo Minor Soccer Club at any time.