



**WATERLOO MINOR SOCCER CLUB**  
**Grassroots Development Program (U11-U12)**

**PROGRAM OUTLINE**

<b>Number of Players</b>	16 player game roster maximum Maximum of 64 players per age group
<b>Parent Orientation Session</b>	Orientation Sessions will be scheduled to provide an opportunity for athletes and parents to learn about the Grassroots Development program. Parent Information session - September 10, 2017
<b>Player Orientation Session</b>	The Club has organized a series of four (4) orientation sessions to be hosted over two weekends at RIM Park. The full schedule for the orientation will be available here: <a href="http://waterloounited.com/travel/open-tryouts/">http://waterloounited.com/travel/open-tryouts/</a>
<b>Playing Format</b>	9v9 No score / standings Match Officials assigned to every game
<b>Program Structure</b>	Year-round programming; Breaks on statutory holidays; Two (2) week Holiday Break March break Games will be played on grass and turf fields
<b>League Competition</b>	May 2018 to August 2018 14 games (Home & Away Games) Game days TBD
<b>Indoor Training*</b>	October 2017 to April 2018 Two (2) 50 minute sessions per week on turf  U11 Boys - Friday (8pm) & Sunday (3pm) @ Bechtel U11 Girls - Wednesday (8pm) & Sunday (2pm) @ Bechtel U12 Boys - Friday (6pm) & Sunday (12pm) @ RIM U12 Girls - Friday (7pm) & Sunday (1pm) @ RIM
<b>Outdoor Training*</b>	May 2018 to August 2018 Two (2) 75 minute sessions per week *Training locations/surface types may change. Days/times TBC
<b>Festivals</b>	Two (2) festival registration fees
<b>Game Day Roster Coaches</b>	Learn to Train certification Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification



## DEVELOPMENT CURRICULUM

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<b>Technical Standards</b>	Age Group Coaches with minimum C license Respect in Sport Making Ethical Decisions Making Headway Valid Police Record Check Valid First Aid & CPR certification
<b>Technical</b>	Aerial reception control Receiving: bottom of foot, insides, outsides Passing: any surface Ball Striking: with laces (right & left) 1v1 Skill Development (fakes and feints) Running with the ball, dribbling, turning Double moves Ball Mastery: all surfaces
<b>Tactical</b>	Combination play 1v1: change of space, change of direction 2v1: recognition of overload (i.e. 2v1) Spatial awareness Support play Individual transitions
<b>Principles of Play</b>	1v1 to 3v3 to 4v4 - Small sided games Depth, width, improvisation, individual transitions
<b>Physical</b>	A,B,C's (Agility, Balance, Coordination) Running technique Agility with the ball Promotion of basic self-confidence Positive attitude Discipline
<b>Mental</b>	Promotion of basic self-confidence Positive attitude/positive energy Discipline Mental resiliency
<b>Player Evaluations</b>	Two (2) written player evaluations per year Parent/Player feedback session upon request



## **PAYMENT SCHEDULE & PROGRAM ADMINISTRATION**

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<b>Program Cost per player</b>	\$1,150.00
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<b>What is included?</b>	One (1) training jersey Two (2) jersey (home & away) One (1) shorts Two (2) pairs of socks League Registration & Insurance
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<b>What is not included?</b>	Memorable events Any additional training kits
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<b>Fee Payment Schedule</b>	There are three payment schedules offered:  <b>OPTION 1 - \$1,150</b> Payment in full by October 15, 2017 via credit card, cheque, cash, debit Payment Amount: <b>\$1,150.00</b> Payment Date: November 1, 2017  <b>OPTION 2 - \$1,185</b> Three (3) equal payments by credit card or pre-authorized debit Payment Amount: <b>\$395</b> Payment Dates: October 15, 2017; November 15, 2017; January 15, 2017
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<b>Fee Assistance</b>	Fee assistance is available through several sources including:  City of Waterloo (\$300) - Waterloo residents only KidSport KW Canadian Tire Jumpstart
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<b>Program Leadership</b>	Colin Foy, Grassroots Technical Coach Grassroots Development Age Group coaches
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<b>Additional Notes</b>	Information contained in this document is subject to change at the discretion of Waterloo Minor Soccer Club at any time.
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