

**Waterloo Minor Soccer
Grassroots
Camp Curriculum**

Day	9:00 9:45	Snack	10:00 10:45	Snack	11:00 12:00	Lunch	1:15 2:30	Snack	2:30 3:30	Cool Down
Monday	Ball Warm up Coerver	Snack	Passing & Receiving	Snack	SSG 3v3,4v4	Lunch	Fun Games	Snack	SSG 5v5,6v6 Free Play	Cool Down
Tuesday	Ball Warm up Coerver	Snack	Technique	Snack	SSG 3v3,4v4	Lunch	Fun Games	Snack	SSG 5v5,6v6 Free Play	Cool Down
Wednesday	Ball Warm up Coerver	Snack	Dribbling	Snack	SSG 3v3,4v4	Lunch	Fun Games	Snack	SSG 5v5,6v6 Free Play	Cool Down
Thursday	Ball Warm up Coerver	Snack	Shooting	Snack	SSG 3v3,4v4	Lunch	Fun Games	Snack	SSG 5v5,6v6 Free Play	Cool Down
Friday	Ball Warm up Coerver	Snack	World Cup SSG	Snack	World Cup SSG	Lunch	World Cup SSG	Snack	World Cup SSG	Cool Down