

WATERLOO MINOR SOCCER CLUB
2016/17

The spirit of this league to be maintained by the coaches is to ensure reasonable equal participation by **ALL** players. All players **must** be rotated on and off per half. For the **U19 Mixed** the following applies: *Not including the keeper, there should always be 1 male and 1 female on the field where players allow.* Please bear in mind however, that if you only have one female/male player in attendance, that player (and all players), in accordance with club rules, must be rotated on and off per half.

Spectators must remain on the opposite side of the field to the coaches and players. No one may be behind or near the goal lines or behind the net. We ask coaches and spectators to set an example to your players in demonstrating good sportsmanship at all times.

Only running shoes or indoor shoes are allowed on the field (NO CLEATS). NO food allowed on the field. Water only, no pop or fruit juice. Do not leave empty water bottles on the field after the game.

Each team consists of 5 players, one being the goalie. Substitutions are unlimited, and made on the fly, however the player entering the field must wait until the player leaving has passed completely over the touchline at their own bench. All substitutions MUST be done on your own half at your bench. Absolutely NO SLIDE TACKLES or playing the ball while on the floor! No Cleats or Jewellery is permitted on the field (earrings must be removed) Shin pads are mandatory.

1. Start of Play/Duration

The choice of ends is decided by the toss of a coin. The team winning the toss decides which goal it wishes to attack in the first half of the match. The other team takes the kick-off to start the match. The team which wins the toss takes the kick-off to start the second half of the match. In the second half of the match the teams change ends. The kicker may not touch the ball a second time until it has touched another player. If the kicker touches the ball a second time before it has touched another player an indirect free kick is awarded to the opposing team. A dropped ball is a way of restarting the match after a temporary stoppage, which becomes necessary, while the ball is in play. **A goal may not be scored directly from a kick-off.** The match lasts two (2) equal periods of twenty (20) minutes. The team coaches are entitled to request a one-minute time-out in each half. A time out may be called at when the ball is out of play, but must be called by the team in possession of the ball. Players must remain on the field. A team that does not request a time-out in the first half is still only entitled to one time-out in the second half.

2. The Ball In/Out of Play

The ball is out of play when it has wholly crossed the goal line or touchline, whether on the ground or in the air; play has been stopped by the referee; or it hits the ceiling. The ball is in play at all other times including when it rebounds from a goal post or the crossbar onto the pitch, or it rebounds from either of the referees when they are on the pitch. When the ball accidentally hits the ceiling, the game is restarted by a kick-in, awarded to the opposing team to the one which last touched the ball.

3. Scoring

A goal is scored when the whole of the ball passes over the goal line, between the goalposts and under the crossbar, unless it has been thrown, carried or intentionally propelled by the hand or arm by a player of the attacking side. The team scoring the greater number of goals during a match is the winner. If both teams score an equal number of goals or if no goals are scored, the match is drawn.

4. Fouls and Misconduct

Fouls and misconduct are penalized with either direct or indirect free kicks. If a penalty kick is awarded the remaining players, other than the kicker are located outside the penalty area, at least **5 meters** from the penalty mark. The player taking the penalty kick may not play the ball a second time until it has touched another player. The defending goalkeeper will stay on his goal line, facing the kicker, and between the goalposts until the ball has been kicked.

For both direct and indirect free kicks, the ball must be stationary when the kick is taken, and the kicker may not touch the ball a second time until it has touched another player. If a direct free kick is kicked directly into the opponent's goal, a goal is awarded. A goal may be scored on an indirect free kick **only** if the ball subsequently touches another player before it enters the goal. All opponents must be at least **5 meters** from the ball until it is in play. The ball is in play after it has been kicked or touched.

5. The Kick In

A goal cannot be scored directly from a kick-in. A kick in is awarded when the whole of the ball passes over a touchline, either on the ground or in the air, or hits the ceiling. It will be taken from the place where the ball crossed the touchline, and given to the opponents of the player who last touched the ball. The ball has to be stationary on the touchline and can be up to 10" off the line away from the field side, and can be kicked into play in any direction. The player taking the kick-in must have part of each foot either on the touchline or on the ground outside the touchline at the moment of kicking the ball. The players of the defending team are at least **5 meters** from the place where the kick-in is taken if they are not and the ball has contact with the defending team then it is an indirect from where the defending player interfered. The player taking the kick-in must do so within **4 seconds** of taking possession of the ball. The player taking the kick-in may not play the ball a second time until it has touched another player. The ball is in play when it is touched and moved. An indirect free kick is awarded to the opposing team if the player taking the kick-in plays the ball a second time before it has touched another player. The kick-in is retaken by a player of the opposing team if the kick is taken incorrectly; the kick-in is taken from a position other than the place where the ball passed over the touch line; the kick-in is not carried out within **4 seconds** of the player taking it being in possession of the ball, or any other infringement of the Law. All kick-ins should be regarded as indirect free kicks.

6. The Goal Clearance

A goal may not be scored directly from a goal clearance. A goal clearance is awarded when the whole of the ball, having last touched a player of the attacking team, passes over the goal line, either on the ground or in the air, and a goal is not scored. The ball is thrown from any point within the penalty area by the goalkeeper of the defending team and must be carried out within **4 seconds**. Opponents remain outside the penalty area until the ball is in play. The goalkeeper does not play the ball a second time until it has touched another player. The ball is in play when it is thrown directly beyond the penalty area. If the ball is not thrown directly beyond the penalty area the goal clearance is retaken. If, after the ball is in play, the goalkeeper touches the ball a second time, before it has touched another player an indirect free kick is awarded to the opposing team. **The goalkeeper cannot throw the ball over the halfway line. Also, the goalkeeper cannot drop-kick the ball over the halfway line.**

7. The Corner Kick

A goal may be scored directly from a corner kick, but only against the opposing team. A corner kick is awarded when the whole of the ball, having last touched a player of the defending team, passes over the goal line, either on the ground or in the air, and a goal is not scored. The ball is placed precisely inside the corner arc at the nearest corner. Opponents remain at least **5 meters** from the ball until it is in play. The ball is kicked by a player of the attacking team. The kicker does not play the ball a second time until it has touched another player. An indirect free kick is taken by the opposing team, where the infringement occurred if the player taking the corner kick plays the ball a second time before it has touched another player. If the corner kick is not carried out within **4 seconds** from the time the player taking the kick takes possession of the ball, an indirect free kick is taken from the corner arc.

8. Accumulated Fouls

The accumulated fouls (penal fouls) committed by each team during each half are recorded on the game sheet. For the first five fouls, players of the opposing team may form a wall to defend – **5 meters** from the ball until it is kicked. A goal may be scored directly from this free kick. Beginning with the sixth accumulated foul recorded for either team in each half, the players of the opposing team may not form a wall to defend. The player taking the kick must be identified. The goalkeeper must remain in his penalty area and at least **5m** from the ball. All other players must remain behind an imaginary line level with the ball, and parallel to the goal line and outside the penalty area. The player taking the kick must kick the ball with the intention of scoring a goal and may not pass to another player. If a game goes into extra time, all the fouls that have accrued from the second half of the game continue to accumulate into extra time. **All free kicks for the sixth and any subsequent accumulated fouls will be taken from the second penalty mark.**

9. Disciplinary Sanctions

Players shall be cautioned (i.e. shown yellow card) for any of the following offences:

- Guilty of unsporting behaviour
- Persistently infringes the Laws of the Game
- Fails to respect the required distance when play is restarted with a corner kick/kick in/free kick or goal clearance
- Deliberately leave the pitch without the referees permission
- Shows dissent by word or action
- Delays the restart of play
- Enters or re-enters the pitch without the referees permission or infringes the substitution procedure

Players shall be sent-off (i.e. shown red card) for any of the following offences:

- Guilty of serious foul play
- Guilty of violent conduct
- Spits at an opponent or any other person
- Uses offensive, insulting or abusive language
- Receives a second caution in the same match
- denies the opposing team a goal or an obvious goal scoring opportunity by deliberately handling the ball (with exception of a goalkeeper within his own penalty area)

A player who has been sent off may not re-enter the game in progress or sit on the bench. A substitute player may enter the pitch **2** minutes after a teammate has been sent off, unless a goal is scored before the **2** minutes have elapsed. The WMSC discipline panel will convene when necessary to handle discipline issues

10. Goalkeepers

- Intentional pass back to the goalkeeper by their own team player is allowed under these circumstances. The keeper can make contact with the ball with his/her feet but they **cannot** touch the ball with their hands.
- This can only be done once, after that the ball must have contact with a player from the other team or passed to another player on their own team or if the ball goes out of play.
- When the ball has been intentionally passed back the goalkeeper still has only 4 seconds to release the ball or take it over the halfway line before the 4 seconds.

